

The Domestic Abuse Perpetrator Programme (DAPP)

The Change Project delivers behaviour change programmes to perpetrators of domestic abuse.

The programme is for individuals who want to stop being abusive towards their (ex) partners and are motivated to change their behaviour.

We accept voluntary, statutory and self-referrals for both male and females and each referral is assessed individually for suitability.

The DAPP is a 27 week group programme or a 20 week individual 1-2-1 programme for those who require one to one work.

Support for victims

All victim/survivors are offered support through our Integrated Support Service team.

The team will assess and manage risk and provide emotional and practical support. They are also able to refer victim/survivors into our BACP accredited counselling service as well as signpost into other agencies that would be beneficial or perhaps increase their safety.

Programme aims

The aims of the programme are to:

- Increase the safety of victims and children living with domestic violence and abuse
- Enable service users to recognise they have been abusive and to assist them in changing their future behaviour
- Help to identify beliefs and intents that underpin the abusive behaviour
- Help acknowledge the effects of the abusive behaviour

To make a referral or for more information please contact
tcp@thechangeportfolio.org